

A Verse for Our Time

We must eradicate from the soul
All fear and terror of what comes towards man out of the future.
We must acquire serenity
In all feelings and sensations about the future.
We must look forward with absolute equanimity
To everything that may come.
And we must think only that whatever comes
Is given to us by a world-directive full of wisdom.
It is part of what we must learn in this age,
namely, to live out of pure trust,
Without any security in existence.
Trust in the ever-present help
Of the spiritual world.
Truly, nothing else will do
If our courage is not to fail us.
And let us seek the awakening from within ourselves
Every morning and every evening.
-Rudolf Steiner